

**Event Title:** Session on Soft Skill: Personality Development.

**Event Scheduled:** 11<sup>th</sup> October, 2024 (3:00 PM- 5:00 PM)

**Timing:** 3:00 pm onwards.

**Event Venue:** Civil Seminar hall, SIEM, Sandip Foundation, Nashik

**Resource Person:** Sumit Desmukh, Training officer, Sandip Foundation, Nashik.

**Participants:** Student of TE, E&TC department

**Name of Faculty coordinator:** Prof. Amit Kr. Mishra, faculty from E&TC department

**Objective:** A session on personality development aims to help participants grow and refine their personal traits, behaviors, and attitudes to improve both their personal and professional lives. The key objectives of such a session might include:

**Understanding Personality Development:** Define personality and personality development. Discuss how personality affects various aspects of life, including relationships, career, and social interactions.

**Self-awareness and Self-discovery:** Encourage participants to reflect on their strengths, weaknesses, beliefs, and values. Help them identify their unique personality traits and understand how these influence their behavior and decisions.

**Building Confidence and Self-esteem:** Teach techniques to boost confidence and self-esteem. Focus on overcoming self-doubt and negative self-perception. Develop a positive attitude and mindset toward challenges.

**Effective Communication Skills:** Enhance verbal and non-verbal communication abilities. Focus on listening skills, assertiveness, and clarity in expression. Improve public speaking and presentation abilities.

**Developing Emotional Intelligence:** Teach the importance of managing emotions in a constructive manner. Enhance self-regulation, empathy, and social skills. Foster the ability to handle stress, conflict, and pressure effectively.

**Leadership and Initiative:** Encourage participants to develop leadership qualities such as decision-making, responsibility, and influence.



Photo

Photos of the Event



*[Signature]*  
Event Coordinator



*[Signature]*  
H.O.D, E&TC