



Sandip Foundation's
Sandip Institute of Engineering and Management,
Physical Education and Sports
Academic Year 2019-20

Academic Year 2019-2020

School/Department Name: Physical Education and Sports

Event Title: NATIONAL SPORTS DAY

Event Date: 29th AUGUST

Time: 10.00 am to 5.00 pm

Duration in days: 01

Mode of conduction: Indoor

Level of Program: Intramural

Name of Event Coordinator with contact details: DR. PARESH REGE

Number of participants attended: 110

Event Outline, Objective and Outcome of the event:

Outline of Program: organize events of Chess, Badminton and Carrom in sports department.

Objective of Program: National sports day's main objective is to promote awareness about the importance of sports and being physically active in daily life.

- Stay Healthy.
- Good Fitness Level.
- Develop Leadership skills.
- Positive Mentoring.
- Boost Emotional Fitness.
- Develop Social Life.
- Develop Discipline

Outcome: All students and staff enjoy sports day. Students are motivated to sports and So many students registered their name participation for inter collegiate tournaments. After the inaugural function energizing game, such as VOLLEYBALL, CARROM, CHESS were organized. . The Hon'blePrincipal Dr. DEEPAK PATIL addressed the participants on the importance of sports in our life.

Volleyball Match



CARROM MATCHES



CHESS

